









E-LEARNING PLATFORM FOR TEACHERS, FOOTBALL AND BASKETBALL COACHES

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BULGARIAN BASKETBALL FEDERATION





2 Manual for the E-Learning Platform



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- Application guide "TeamUp" Contents
- 4 Navigation Topics

5 Discussion, evaluation



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Developing sports ethics

Respect for teammates, coaches, opposing players, referees, audience. Building collective thinking and team play.



Improving physical qualities and coordination of movements

The ball game (dribbling, catching, passing and shooting) requires a high degree of coordination and consistency of actions in the team





Developing self-discipline and self-control skills

Stimulating the development of cognitive skills such as memory, attention, logical and creative thinking and other fundamental abilities to be coordinated.



Creation of technical-tactical skills and habits in offense and defense and their coordinated application in the game /football and basketball/





















https://moodle5.schmelz.univie.ac.at/login/index.php





Instructions



TEAM UP

The purpose of **Team Up** is to promote education in sport through an educational program for teachers and coaches based on a methodology that recommends using techniques from one sport to train athletes in another sport. The platform can be accessed via the following link: <u>https://moodle5.schmelz.univie.ac.at/login/index.php</u>



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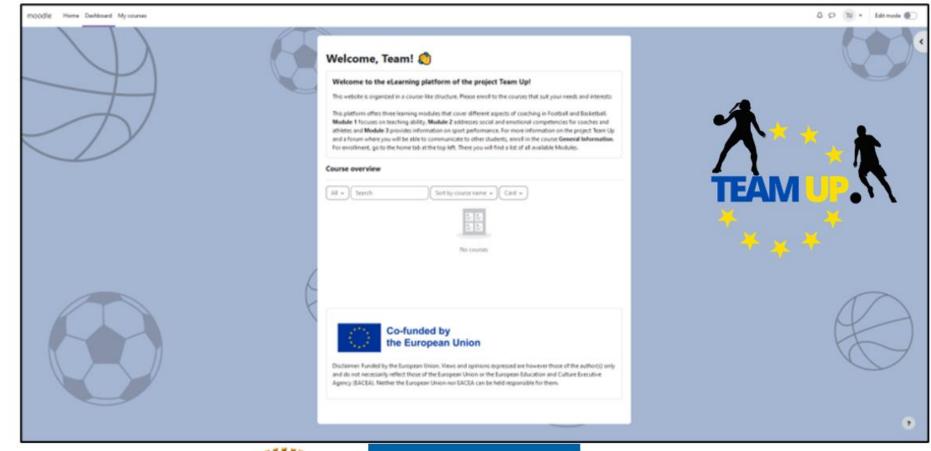
TEAM	at least 1 digit(s), at least 1 (s), at least 1 special
Username	
Password	
Log in	
Login	
Lost password?	
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Lost password? Is this your first time here? For full access to this site, you first need to create an account. Create new account	
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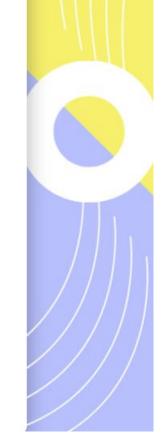
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Add courses to your dashboard









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Knowledge Check









General Information and Forum

Participants Grades Competencies More ~

Collapse all

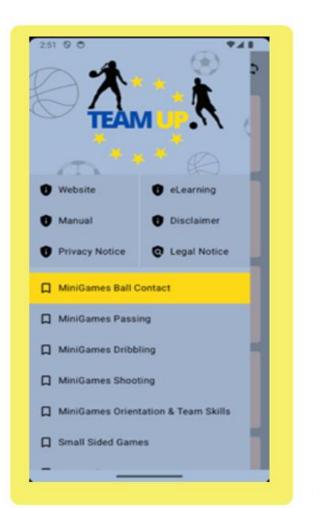
In this forum you will find general information on Team Up and the Hybrid Digital Learning Tool.

Further, users get the chance to communicate with each other and the project team.

Forum







Navigation





2.50 0 0 748 ■ MiniGames Ball Contact

0

Body Parts Game

PARTICIPANTS 1 DURATION 10 minutes MATERIALS 1 ball per player

BB Protected Fortress

PARTICIPANTS 6+ DURATION 15 minutes MATERIALS balls, colored jerseys

BB Rolling Around Feet PARTICIPANTS 1+ DURATION 10 minutes MATERIALS balls

FB Alien Tag PARTICIPANTS 6+ **DURATION 10 minutes**

MATERIALS balls, cones, pool noodles

FB Cone Football PARTICIPANTS 2+

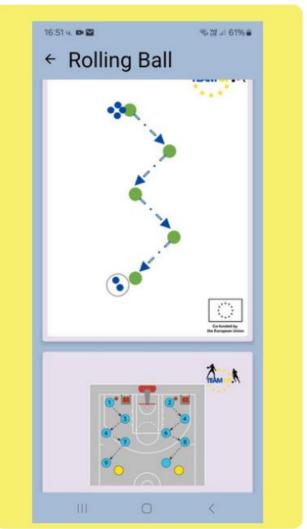


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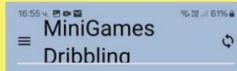








Basketball and football games



BB Rolling Around Feet PARTICIPANTS 1+ DURATION 10 minutes MATERIALS balls

BB The Triangle PARTICIPANTS 6+ DURATION 10 minutes MATERIALS balls, cones, colored jerseys...

Colissions Dribbling PARTICIPANTS 3+ DURATION 10 minutes MATERIALS balls, cones

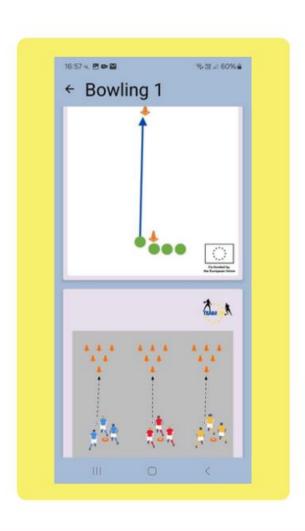




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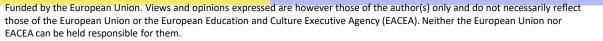
Basketball and football games



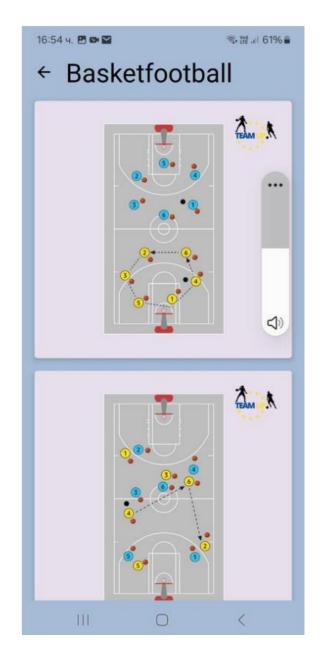


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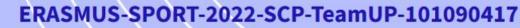






Thank you for your attention!





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TEAM